



# grenfell preschool & long day care centre

newsletter  
4<sup>th</sup> November 2013  
Issue 18

- ✉ 35 Forbes Street (PO Box 35) Grenfell
- ☎ 02 6343 1743
- 📠 02 6343 1304
- ✉ [mail@grenfellpreschool.com.au](mailto:mail@grenfellpreschool.com.au)
- [www.grenfell.com.au](http://www.grenfell.com.au)



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## Raffle

ipad mini

\$2 each or 3 for \$5

Drawn at the end of the year celebrations in December.

We are running this raffle to raise money for more resources for the children. Please help us by selling some tickets and returning them to the centre ASAP.

## New vaccination law

A reminder to all parents that they need to provide evidence to the centre that their child is either:

- fully vaccinated for their age
- has a medical reason not to be vaccinated
- has a conscientious objection, including religious beliefs, to vaccination, or
- is on a recognised catch-up schedule if their child has fallen behind with their vaccinations.

Families can get a copy of their child's immunisation details by calling **1800 653 809** or emailing: [acir@medicareaustralia.gov.au](mailto:acir@medicareaustralia.gov.au)

## Enrolments for 2014

We are calling for enrolments for 2014. To help us with enrolment please let people know about our centre and preschool as well as our Weddin Mobile Preschool Service. When going to school for the very first time it can be overwhelming and sending your child to preschool helps them be prepared. Attached is a 2014 Change of Booking Form. For families with all children currently enrolled in the service please complete this form with any changes to attendance details for 2014. For families with children attending school next year can you please complete this form indicating your child's last day of attendance for 2013.

## 2013 ANNUAL PARENT SURVEY

Please remember to return the Annual Parent Survey. Completing the survey helps to make our centre a better place. Good comments are great to get, however, ideas and suggestions also help us to improve on our practice. Thanks again everyone.

## Dates to Remember

### End of Year Celebrations

13<sup>th</sup> December 2013

### Photo Day

12<sup>th</sup> November 2013

### School Transition

Grenfell Public School and 7<sup>th</sup> and 14<sup>th</sup> November. The 14<sup>th</sup> November will be a full day.

St Joseph's school transition program will run for four consecutive Wednesdays.

Wednesday 6<sup>th</sup> and 13<sup>th</sup> of November. The sessions are from 9.30am-11.35am, and the last session from 9.30am -2.00pm.

The Centre will close for two weeks from 20<sup>th</sup> Dec and reopen 6<sup>th</sup> January 2013

## The End of the Year Celebrations

The end of the year Celebrations will be at the Grenfell Country Club on Friday 13<sup>th</sup> December 2013 starting at 6pm. This year we will be having the concerts first followed by the graduation and sausage sizzle.



For the children going off to school in 2014 there will be a graduation ceremony just after the concert so please try to see that your child is there to enjoy the moment with their friends and to receive their portfolio. Bring your camera to capture that priceless photo of them in their caps and gowns. Santa will be there for photos and a surprise for the children. Place the date on your calendar and remember to bring along your family and friends for a great evening.



### Committee Corner

We are calling for interested people to join the fund raising committee. If you are interested please email Katrina

Hutchens at [suppuppets@gmail.com](mailto:suppuppets@gmail.com) or see Sharon or email: [mail@grenfellpreschool.com.au](mailto:mail@grenfellpreschool.com.au)

### New Fees for 2014

As at the 1<sup>st</sup> January 2014 Long Day Care fees will go to \$60 a day and up to \$65 a day as of 1st June 2014 Preschool fees will be \$27 a day.

The Weddin Mobile Preschool Service fees as of 1<sup>st</sup> January 2014 will be \$20 a day.

### Little A's

Little A's have started regular Tuesday afternoon sessions at The Henry Lawson High School. The afternoons start at 4:30pm and finish at 6pm.

The athletes range in age from Preschool tiny tots to High School students.

Each afternoon the competitors are split into age groups and do a range of events including running, discus, high jump and javelin. Skills are demonstrated and assistance is given to develop the athletes' skills and confidence. Each week their individual performance is recorded and improvements are acknowledged.

New members are always welcome. Come along for a trial week for a great opportunity to improve fitness and athletic skills.

### Parent /Educators interviews

Staff will be available to discuss your child's progress from Monday 25th November until 29th November 2013. Place your name on the sheets in your child's room.

### Garden Room

The children from the Garden Room went on an excursion to the Grenfell Museum on Monday as a follow up from the Gold Fest activities day that they held last week.



### Photos Day

Grenfell Preschool and Long Day Care Centre will be holding our Photo Day on

Tuesday 12<sup>th</sup> November 2013, starting at 9am. Each child will be given their own envelope which needs to be returned, with the correct money enclosed to Lisa in the front office as soon as possible. If you would like a family photo, please see Lisa for a family photo envelope.



### School Transition

School Transition is going extremely well and all the children are just so happy which indicates that they are having a wonderful time at their schools.

### Tips for school

Here are some tips to help you and your child ease into the day-to-day practicalities of school. You might find that there are as many new things for you to learn as there are for your child

### Arrival/departure

Getting kids ready for school in the morning isn't meant to be an Olympic sport, but it does get easier with some discipline and practice!

It's good to try getting to school well before the bell so you can see that your child is settled before you leave.

By the end of the day your child will be tired and looking forward to getting home as soon as possible or perhaps to a friend's place to play. If parents are on time to pick them up, children feel more secure.

It's worth checking that your child has everything she needs before you leave for school in the morning, and before you come home at night. This can save on upsets at home and at school when your daughter can't find her special pencil box or favourite book.



Welcome back Weddin Mobile Preschool Service. Remember we are a nut free service.

Congratulations to the Octoberfest organisers for the great success of the evening.

The Weddin Mobile Preschool fees for 2014 have been set at \$20 a day

Contact numbers Mobile Service: **0488 045 584**  
Grenfell Pre School and Long Day Care Centre: on **63431743**.

### Sun Protection

For sun protection, please do not send your children to the Centre wearing singlet tops. Our Centre requires children to wear sun-wise clothing, eg t-shirts and shirts with sleeves.

## Clothing

Organising your children's clothing the night before school can save a last-minute rush in the morning. You may also need to pack alternatives in case of weather changes.

Name labels mean your children won't lose everything they own – only some things!

Spare underwear is also a good idea.

## Food

A healthy lunch and snack will help your child stay alert and meet her energy needs during the day.

A bottle of water is better for your child than fruit juice or cordial..

If your child requires medication at school, you will need to authorise her teacher to administer it under strict guidelines.

## Problems

If your child encounters any problems at school it's best to speak to the teacher as soon as possible, whether by phone or in person, to prevent the issue getting worse.

## Safety rules

Your child will need to know where she can play at school and which areas may be out of bounds. Most schools also have rules about wearing shoes, hats and sunscreen, as well as playground behaviour.

## Special days

Schools often hold special events. These can be highlights of the school year for children. It's a great idea to support these events by attending or helping your child prepare for them. Research also shows that it helps children do better at school if mums or dads support and attend these events.

## If your child has additional needs

Meet with the principal before school begins to discuss any additional needs of your child. The school will look for ways to accommodate these needs.

Issues to discuss include:

- Does the school have experience with children with disabilities?
- What are the class sizes?
- How can the **curriculum** be modified to suit your child?
- What will your child do if she is unable to participate in certain activities?
- What times will your child need additional support?

- What supervision and security can the school provide, especially outside?
- How can the school support social interactions with other children?

## Communication between school and parents

Your child's education is a responsibility shared between you and your child's school. Good communication between school and home will really

Improve your child's experience.

### There are lots of formal ways to make contact with the school, including:

- parent-teacher interviews
- information evenings
- newsletters
- notices.

But you can just as easily **pop in for a quick chat** with your child's teacher before or after school. You might want to check that the teacher is free first.

Kids can get upset if they're late for an excursion or event, so it's a good idea to **check their bag for notes** each day.

Let your school know if your child needs special attention at any time; for instance, if there have been problems at home, a death in the family or she has been sick. Likewise, if she has just won a competition or done well at karate, let the school know so they can encourage her.

## Why talking about school is important

Talking with your child about the school day **shows you're interested** in what's going on in his life. This interest boosts his mental health, happiness and wellbeing. It's also been shown to have a very positive effect on your child's behaviour and achievement. It shows your child that you value school and education, which encourages him to value it too.

Talking together about school also **helps you get to know more about what's expected of your child at school**, how she learns and how she handles challenges. It can help you understand when she's feeling less interested in school or experiencing problems. When you're in touch with your child's feelings about school, you're more likely to see problems when they're molehills, not mountains. This way you can work on overcoming challenges together.