



grenfell preschool & long day care centre



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newsletter

26th March
Issue 6

Hand, Foot and Mouth disease

There has been a case of hand Foot and Mouth disease in Grenfell. Hand, foot and mouth disease is generally a mild illness of childhood which is passed from person to person. Good hygiene helps prevent infection.

- When symptoms do occur, they include blisters that start as small red dots, which later become ulcers. Blisters appear inside the cheeks, gums, and on the sides of the tongue, as well as on the hands and feet. In infants, sometimes blisters can be seen in the nappy area. Blisters usually last for seven to 10 days.
- Children can sometimes have a low fever, sore throat, tiredness, feel off colour and may be off their food for a day or two.

How can it be prevented?

- Good hygiene is the best protection: wash hands with soap and water after going to the toilet, before eating, after wiping noses, and after changing nappies or soiled clothing.
- Avoid sharing cups, eating utensils, items of personal hygiene (for example: towels, washers and toothbrushes), and clothing (especially shoes and socks).
- Thoroughly wash any soiled clothing.
- Ensure the mouth and nose is covered when coughing and sneezing. Wipe the nose and mouth with tissues, dispose of used tissues and then wash your hands.



Easter Raffle

Attached are raffle tickets. Please help us to raise money for the centre by buying some. Tickets are \$2 each or 3 for \$5

Tickets and money are due back on Wednesday 4th April and the raffle will be drawn Thursday 5th April 2012 at 1pm

Preschool Accounts

A reminder to parents that preschool term fees are due.

Term dates Last Day 5th April- return 23rd April



Sign up for Soccer

Registrations are well under way and it is great to see many new families joining the club. Next Wednesday, 28th March between 4 – 5pm, is the last official date for registration but, depending on team numbers, registrations may still be possible after this time.

Age divisions – 6's, 8's, 10's, 12's and 14's.

- Under 6's and 8's - \$60
- Under 10's, 12's and 14's - \$70
- Family (three or more children) - \$55 per child

Free socks to new players.

Each Wednesday, between 4 and 5pm until training commences, we are running supervised skill and fitness building activities. All players are encouraged to participate in these activities. Our first official training session will be on Wednesday, 4th April from 4 -5 pm. A free BBQ for players will follow this and we'll have a chat about the coming season.

Saturday, 28th April will be an opening season gala day at Young. The first round of the competition will begin on Saturday, 5th May.

If you have any questions, contact Cath Sullivan 6345 5818.



Contact Numbers

It is very important that you advise the centre with any changes of contact numbers and changes to address.

Clothing.

We have used up all our spare underwear. Most of it has preschool written over it therefore if you have any article of clothing at home with Preschool written over it could you please return.

Hats: It is very important that sun safe hats be worn all year; please ensure a sun safe hat is packed.



Crazy Hair Day

On Friday 16th March the centre held a crazy Hair day and asked for a gold coin donation for the Leukaemia Foundation We raised over \$70 dollars so thank you all very much . The children had a wonderful time with all the different crazy hair.

123 magic

The centre has the video 123 magic which is a programme to help with children’s behaviour. Anyone wishing to borrow the 123 video can do so by just asking at the office.

Police visit

We had a visit from two police officers on Friday to meet the children and staff. They talked about holding hands when crossing the road, talking to strangers and when to call 000. They were very happy to answer questions that the children had.



For Sale

Tubular single size double bunks (white) \$40
0263431743

Weddin Mobile Preschool Service News

Preschool times: We have a licence for the service to operate from 9:15am -3:15pm. We cannot take children before that time.

Katie was away on Holidays last week and Kim Durham had been going to Caragabal in her place. She has enjoyed meeting all the children and working with them.

School Holidays start

Caragabal – Last Day Tuesday 3rd April. Resumes Tuesday 24th April 2012

Quandialla last day Wednesday 4th April .Resumes Monday 23rd April 2012



Committee Corner

Gardening

We are after volunteers to go on a roster for garden duties which will include such things as trimming trees and bushes, weeding garden beds and turning soft fall once a term etc.. If you are willing to help us please see Sharon or one of the committee members.

Policies under review

- Childs portfolio
- Social justice and diversity
- School choices

Harmony Day

The **Star Room** shared an amazing book together to focus on how we are all different but we all hurt and love the same. The book by Mem Fox was called whoever you are.

The **Garden Room** were exploring a variety of countries and their cultures



Dates to Remember

Fun day in the park
To be advised

School Photos
November 13th

Biggest Morning Tea
24th May

Easter raffle
5th April 2012

Pyjama Day

It looked unusual seeing the children come to day-care in their pyjamas even though it was pyjamas day. They appeared extra happy of the thought of wearing them to Day Care.

