



grenfell preschool & long day care centre



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newsletter
3rd February 2015
Issue 2

Welcome

Welcome back Miss Nicole. Nicole has been on maternity leave. And we are pleased to have her back. Nicole will be working in the Star Room three days a week, Tuesday to Thursday and she tells me she is looking forward to it.

I also welcome the preschool children and the Weddin Mobile Preschool Service back to a fun filled year.

Grenfell Healthy Kids Bus Stop

Royal Far West is a non-government organisation that has been providing health services to children living in rural and remote New South Wales since 1924. Their vision is 'healthy country children' and their mission is to make an outstanding contribution to the health and well-being of children in regional New South Wales. To achieve this, they work in partnership with families and their local health and education providers to complement existing services within the community.

From the 24-26 February 2015, Royal Far West in partnership with the Western NSW Local Health District, Western NSW Medicare Local and local health service providers will be delivering a holistic screening and pathway to care program at Grenfell titled the 'Healthy Kids Bus Stop'. This Program provides children aged 3-5 years old with a comprehensive health assessment, which includes oral health, vision, hearing, nutrition, speech, fine and gross motor skill development and child health checks.

Early evidence shows that the Healthy Kids Bus Stop is having a positive impact on children, parents/carers, schools and communities in rural and remote NSW. The Program's success has been recognised through the achievement of a number of industry awards and invitations to present at State-wide and National conferences.

I urge all parents with children aged 3-5 years to take up this opportunity to have this comprehensive health check.

Bookings are essential - please call Royal Far West on 1800 500 061 or 8966 8500 to register a time

slot suits you and your child. Please note that the duration of your appointment will be dependent on the health needs of your child. Appointments can take between 1 ½- 2 ½ hours to complete.

ROYAL FAR WEST, ALONG WITH KEY PARTNERS PRESENT

GRENFELL HEALTHY KIDS BUS STOP

24-26 FEBRUARY 2015

What is the Healthy Kids Bus Stop?
The Healthy Kids Bus Stop is a **FREE** Child Health Screening for children who are aged 3-5 years old. The program includes:

- A comprehensive child health check
- Vision and hearing screening
- Oral health check
- Fine and gross motor skill assessment
- Speech assessment
- Food and Nutritional assessment

How do I book my child in?
Registrations are essential. Please call Royal Far West on 1800 500 061 or 8966 8500. A timeslot will be allocated that suits you and your child. As this is a comprehensive health check please allow up to 2 ½ hours for appointments.
Registrations close 13 February 2015.

Where will it be held?
Grenfell Public School Hall, Myers Street, Grenfell

What do I need to bring?

- Your child's Bus Book
- Your child's hat
- Your child's drink bottle
- Snacks for your child

The Healthy Kids Bus Stop is proudly delivered in partnership with and sponsored by:



StEPS State Eyesight Preschool Screening

StEPS state-wide eye screening will be conducted on Tuesday 17th March and Monday 30th March at 9am.

Consent forms will need to be completed before the screening will take place. If your child does not attend the centre on those days you may bring them along and they will be seen first.

Administration Fee.

You will see a charge of \$25 on your account which is the Administration and Membership charge. For all permanent bookings a non-refundable administration and membership charge of \$25.00 is required to be paid on enrolment and then annually. The membership only portion is \$4.00. All families are required to be members of the Grenfell Preschool and Long Day Care Association.

News from the Play Rooms

Star Room

Please remember to pack a piece of fruit for your child to share. Encourage your child to unpack their bags and place their fruit in the fruit bowl

The Garden Room have made library bags for the children and they have begun to borrow books. Please encourage them to look after their books and return them to borrow again

They are also asking for family photos to place on the wall

The Rainbow Room are also asking for family photos to add to their family wall.

Miss Laraine from the Rainbow Room is doing a recipe book and is asking for everyone to send in their favourite recipe. You can email them to

rainbow@grenfellpreschool.com.au

Reminder to all

As the morning is cool some days please pack a jumper for your child. Please remember to label everything as they are lots of drink bottle lunch boxes as well as clothes the same. Please check the lost property box if you are missing anything, Missing is a red preschool hat. Please check your child's hat to see if they have the correct one.

Notice of Change to Bookings

A form must be completed to give notice of changes to your child's booking at the Centre. 14 DAYS NOTICE is required for all changes to bookings. Fees are still payable if the required notice is not given

The Giggles Show

The Giggles show is a fun energetic mix of knockabout comedy juggling, acrobatics singing and dancing by Wilma and Daisy. It is a crazy comedy for kids. The show will be at the centre on the 18th of May at 10am. The cost of the show is \$7. If your children does not attend that day please make time to bring them along. We don't often get shows like this to Grenfell and they were here last year and were fantastic

Maxi Kids

Maxi kids program is a 5 week Health Promotion developed by an Occupational therapist for children between 3-7 olds. The Maxi Kids program covers gross motor skills, fine motor skills, visual perceptual skills, auditory skills, body image, social skills and nutrition. The aim of the program is to help parents and carers to spend relaxed, quality time with their children. It also helps parents and facilitators to discover the child's strengths and weaker areas through informal play and to effectively contribute to their development at the same time. Zelda Dewet will be at the centre on Tuesdays to work with these children. There will be two groups of four children only at this stage and only on Tuesdays. Parents will not need be here however a permission note must be completed. Please contact Sharon if you are interested in your child attending.



Welcome Back

Quandialla runs Mondays and Wednesdays,
Caragabal runs Tuesdays and Fridays.
Session times: 9:15 am- 3:15pm

Contact numbers: Mobile Service: **0488 045 584**
Grenfell Pre School and LDC: **63431743**.

If you have any concerns please contact Sharon at the Grenfell Preschool and Long Day Care Centre on 0263431743.



Dates to Remember

Grenfell Healthy Kids Bus Stop

24-26 February 2015 at the Grenfell Public School Hall

Steps eye screening

Tuesday
17th March & Monday 30th March at 9am

Giggles

18th May 10am

Harmony Day,

21st March 2015

The Henry Lawson Festival

Festival 6th June Theme My Kiwi mates

School Photos

Tuesday 10th November 2015