



grenfell preschool & long day care centre



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newsletter

Issue 19
19th October 2015



Young Eyes

Young Eyes will be visiting Grenfell Preschool on Tuesday 20th October at 9 am to conduct eye screenings for the children in the Star Room. We urge all parents to have their child's eyes checked before they start school. If your child does not attend on the Tuesday they are still very welcome to attend the eye screening service but need to be accompanied by an adult.

We have been asked by Young Eyes for those parents wishing to have their children eyes tested to be at the centre by 9am as they have limited time in Grenfell.



Healthy Kids Checks

The aim of the healthy kids check is to improve the health and wellbeing of Australian children and October is healthy kids check month at Main Street Medical Service. Come along with your 3-5 year old for a free check funded by Medicare. The service can include 4 year old immunisations if not already completed. Please bring your blue book if you can. Appointments available between 9:30 and 1pm. Call 63431211 to book. Hope to see you there, Rochelle (Practice Nurse)



Committee Corner Policies up for review

Accident /Incident; Fire Evacuation & Emergency; Toilet procedure; Managing a child with an acute fever; Administration of

Medication; Immunisation Infection Control policy; Emergency phone threat; Responding to a severe storm; Responding to a bush fire; Lock down Emergency evacuation and Severe Allergies.



**GRENFEL PRE SCHOOL AND
LONG DAY CARE CENTRE**



FUNDRAISER AND KARAOKE NIGHT

**SATURDAY 31ST OCTOBER
AT THE GRENFELL BOWLING CLUB**

TICKETS \$10 each

Mums and Dads get a babysitter and have a fun night out to help raise much needed funds for the local Pre School and Long Day Care Centre

Buy a ticket, like and share us on Facebook and go into the draw to win a mini iPad.

Just be there on the night

Corona and Cruiser Specials

Raffle and great prizes up for grabs for all types of entertainers

Tickets from the Pre School or the Bowling Club

Strictly over 18's
Free Courtesy Bus Available



Recipe Book

The Centre is compiling a recipe book with everyone's favourite recipe. We are asking for families to contribute to the book by sharing your favourite recipe. Please leave them at the office or email them to: rainbow@grenfellpreschool.com.au

Governance Training

Catherine Chen will be at the centre to do Governance Training with the staff and Committee at 6pm on Tuesday 10th November. If you would like to attend to see how a centre like ours is run please come along.



Backyard Shopping Plaza
35 Forbes Street Grenfell
21st November 2015
10am - 2pm


In the Pre School car park and big playground

We are sending an invitation to anyone who would like to come along and set up shop on the day. Perhaps you have what you would call trash but could be treasure to someone else. Set up a stall with a friend. It is a great opportunity to make yourself some money and de clutter your home as well as make yourself known to our Pre School Community and the Grenfell community. Sell your products with the Christmas Season coming up fast! Please contact Sharon or Lisa at the Grenfell Preschool on 02 63431743 to reserve your spot now or email mail@grenfellpreschool.com.au

Hope to See You All There

Wanted

The Grenfell preschool and Long Day Care are after goods to sell at their stall. Perhaps you have things at home that you don't need. Just drop them into the centre



1300 364 277
 www.nsw.relationships.com.au

Parenting the Anxious Child

This seminar looks at strategies parents can learn to best help settle and manage their child's anxiety. It also assists parents in gaining a better understanding of the causes of anxiety.

DATE: Tuesday 20th October 2015
TIMES: 6pm to 8.30pm
LOCATION: Bathurst Family Relationship Centre
 91 Seymour Street, Bathurst
COST: \$20 or a donation you can afford

To make a booking, or for more information about any of our courses or seminars, please contact by phone on: 6333 8888

Hats

Please remember to pack a hat with your child's name on it for them to wear outside.

Wanted

The Rainbow room are after old bike wheels to paint and hang on the fence in the orchard. At the moment they have 2 and they look great.



Enrolments for 2016

Grenfell Pre-School & Long Day Care Centre and the Weddin Mobile Preschool Service are calling for enrolments for 2016

The centre operates from 8.00am to 6.00pm and caters for children aged 0-6 years.

- We provide a Pre-School program with a heavy focus on school readiness.
- Before and after school care is also available.
- We also operate the Weddin Mobile Pre- School Service to Quandialla and Caragabal two days per week to each village.

For further enquiries please contact Sharon Grant (Director) or Lisa Jones (Administration Officer)
 35 Forbes Streets, Grenfell
 Phone 6343 1743 email: mail@grenfellpreschool.com.au



Dates to Remember

Karaoke Night

Saturday 31st October 2015

School Photos

10th November 2015

School Transition

St Joseph's school transition program will run for four consecutive Wednesdays. The remaining dates are 21st and 28th October and 4th November.

Transition to the Grenfell Public School will run for 5 consecutive Tuesdays starting Tuesday 20th October.

Young Eye screening

20th October 9am

End of year Celebrations

Friday 11th December at the Bowling Club

Shopping Plaza

21st November 2015

Centre Close date 24th December 2015 and reopens Tuesday 12th January 2016

The End of the Year Celebration

The end of the year celebrations will be at the Grenfell Bowling Club on Friday 11th December starting at 600pm. More Information will follow

Photo day

Fotek a school portrait company from Sydney will be at the centre to do the centres photos on the 10th November. The photo envelopes have gone home and will need to be back by the 6th November. If you wish to have the family photos done please see Lisa at the office as there is a separate envelope.



Contact numbers:

Grenfell Pre School and LDC: **63431743**

Mobile Service: **0488 045 584**

Weddin Mobile Preschool runs at Quandialla Mondays and Wednesdays during school terms.

Caragabal runs Tuesdays and Fridays.

Session times: 9:15 am- 3:15pm

Please remember to pack a broad brimmed hat as we are a Sun safe centre

Concerns

If you have any concerns please contact the Director Sharon Grant on 0263431743 as she is only too pleased to help you

Caragabal Venue

End of Year Concert and Celebration will be held on Friday 11th December at 2pm.

The Last day of term will be Tuesday 15th December

Quandialla Venue

End of Year Concert and Celebration will be held on Friday 9th December at 2pm.

Wednesday 16th December will be the last day of preschool for 2016.

Enrolments for 2016

The Weddin Mobile Preschool is calling for Enrolments for 2016. If you are aware of a family that may have children old enough to attend the Weddin Mobile Preschool Service, please tell them about our service. They can call at the Caragabal or Quandilla venue or call/ phone the Grenfell Preschool and Long Day Care Centre on 0263431743 or email the service

Email: mail@grenfellpreschool.com.au

Recipe

Some years ago in our newsletter we had an article called 'Sally's Snacks Recipe', with tried recipes for you to try. I thought I would share one of her recipes with you which she said it was great when you are pushed for time as there is no sifting or creaming and could also be used it for patty cakes.

If you have a recipe that your children like you might share it with us and then we could place it in our recipe book. As a mother we are always looking for different ideas for our children.

Busy Day Cake

Ingredients

$\frac{3}{4}$ cup of sugar

1 $\frac{3}{4}$ cups S/R flour

$\frac{1}{2}$ cup butter

1 egg

$\frac{3}{4}$ cup milk

1 tsp vanilla

Pinch of salt

Combine all ingredients and bake in a moderate oven until a skewer comes out clean, (approximately 30-40 mins). You can add fruit, jam or chocolate to this cake or it's nice just on its own.

grenfellpre school and long day care centre

"BACKYARD SHOPPING PLAZA"

Saturday 21st November
10am till 2pm
35 Forbes Street Grenfell
At the Pre School backyard and car park

Come along and check out the unbelievable shopping at the Plaza

FACE PAINTING AND CRAFT AREA FOR THE CHILDREN TO HAVE FUN

FIND THE CHRISTMAS GIFT FOR THAT PERSON THAT IS JUST TOO HARD TO BUY FOR!

FOOD COURT AVAILABLE for lunch and morning tea

LIVE MUSIC FROM LOCAL TALENT LUKE HARVEYSON

We are sending an invitation to anyone who would like to come along and set up shop on the day. It is a great opportunity to make yourself known to our Pre-School Community and the Grenfell community. Sell your products with the Christmas Season coming up fast! Please contact Sharon or Lisa at the Grenfell Preschool on 02 63431743 or email mail@grenfellpreschool.com.au to reserve your spot